

# Tompkins Family Chiropractic

Please Print Clearly and fill In completely.

Print Name \_\_\_\_\_ Email \_\_\_\_\_

Street Address \_\_\_\_\_ Date of Birth \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Phone (Cell) \_\_\_\_\_

**Please Check** ✓ Sex: Male  Female  / Right handed  Left handed  / Married  Single  Other

## Health History:

Give reason for seeking chiropractic care: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is this condition getting progressively worse? Yes / No / Unknown

Is this condition due to an accident? Yes / No

Type of accident? Auto / Work / Home / Other

Type of pain: \_\_\_ Sharp \_\_\_ Dull \_\_\_ Throbbing \_\_\_ Numbness \_\_\_ Aching \_\_\_ Shooting  
\_\_\_ Burning \_\_\_ Tingling \_\_\_ Cramps \_\_\_ Stiffness \_\_\_ Swelling \_\_\_ Other.

Please rate your condition on the scale below: 0 = no pain and 10 = severe pain

0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10

How often do you have this pain? \_\_\_\_\_

When is the pain at its worst? \_\_\_\_\_

Describe any health problems, including how long you've had them: \_\_\_\_\_

\_\_\_\_\_

Are you under the care of any other doctor? Yes  No

If Yes, the conditions being treated for:

\_\_\_\_\_

List any current Medications: \_\_\_\_\_

List any past surgeries & dates: \_\_\_\_\_

List any past accidents & dates: \_\_\_\_\_

List any x-rays / Imaging you've had in the past 2 years: \_\_\_\_\_

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**Personal & Family History:**

Your Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Work Duties \_\_\_\_\_

Activities / Sports: \_\_\_\_\_

Spouse's health status \_\_\_\_\_

Children's ages and health status: \_\_\_\_\_

**In case of emergency:**

Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

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**Insurance Information:**

Name of Insured: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Phone #: \_\_\_\_\_

Policy / ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Type of policy: HMO / PPO / EPO / POS / other

Do you have more than one policy? Yes / No

**Chiropractic History:**

Have you ever been to a Chiropractor before? Yes  No  If yes Doctor's Name \_\_\_\_\_

Date of last chiropractic visit \_\_\_\_\_ Reason for care \_\_\_\_\_

Date of last chiropractic x-rays \_\_\_\_\_ How long were you under care? \_\_\_\_\_

Are other family members under chiropractic care? - Yes  No  Who? \_\_\_\_\_

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***Where did you hear about our clinic,  
or who referred you?*** \_\_\_\_\_

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**FEMALES: Please Check One ✓** Is there a possibility of you being pregnant? Yes  No

**Please Fill in Below** If you have had the following, or if you suffer from the following, ***Please Check*** ✓

Condition, Symptom Or Problem	Constantly or Frequently	Sometimes or Occasionally
Headache	<input type="checkbox"/>	<input type="checkbox"/>
Migraines	<input type="checkbox"/>	<input type="checkbox"/>
Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>
Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/>
Arm/Hand Pain	<input type="checkbox"/>	<input type="checkbox"/>
Mid Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Hip Pain	<input type="checkbox"/>	<input type="checkbox"/>
Leg/Foot Pain	<input type="checkbox"/>	<input type="checkbox"/>
Disc Problems	<input type="checkbox"/>	<input type="checkbox"/>
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
Other joint pain	<input type="checkbox"/>	<input type="checkbox"/>
Numbness	<input type="checkbox"/>	<input type="checkbox"/>
Joint Swelling	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>
Nausea	<input type="checkbox"/>	<input type="checkbox"/>
Weakness	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>
Nervousness	<input type="checkbox"/>	<input type="checkbox"/>
Insomnia	<input type="checkbox"/>	<input type="checkbox"/>
Heart Problems	<input type="checkbox"/>	<input type="checkbox"/>
Frequent colds	<input type="checkbox"/>	<input type="checkbox"/>
Nose Bleeds	<input type="checkbox"/>	<input type="checkbox"/>
Ringing in Ears	<input type="checkbox"/>	<input type="checkbox"/>
Earaches	<input type="checkbox"/>	<input type="checkbox"/>
Hearing Loss	<input type="checkbox"/>	<input type="checkbox"/>
Cough	<input type="checkbox"/>	<input type="checkbox"/>
Chest pains	<input type="checkbox"/>	<input type="checkbox"/>
Female problems	<input type="checkbox"/>	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/>
Digestive problem	<input type="checkbox"/>	<input type="checkbox"/>
Urinary Problems	<input type="checkbox"/>	<input type="checkbox"/>
Skin conditions	<input type="checkbox"/>	<input type="checkbox"/>
Other _____	<input type="checkbox"/>	<input type="checkbox"/>

**Circle the areas where you have any problems.  
Please also describe these problems.**

**Below, Please Fill In Any Other Health Information You Feel We Might Need For Your Care.**

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*Thank you for being complete and thorough.*  
**Your Signature Below Please**

**Date:** \_\_\_\_\_